Teton County's **Moderate Risk Phase**

What does ORANGE mean and what can you do?

Teton County Health Department has developed a color-coded public health guidance system to provide actions our community members can take to decrease the spread of COVID-19.

The community's efforts and preventative measures individuals have taken to slow the spread of COVID-19, have been working! Forward progress won't be instant like flipping a switch; rather, it'll be more like gradually moving a dial.



Phone and video chats are encouraged in place of in-person meetings. Sanitize high traffic and communal areas daily.





Limit your travel.

Limit travel as much as possible. If you must travel, limit contact with others in public spaces. Monitor symptoms for changes in health upon return and test on or after day seven.

Keep a social bubble.

Keep group sizes and social pods small for in-person gatherings. Do not gather if you are experiencing even mild symptoms.





Keep your surfaces clean.

Routinely disinfect high touch surfaces.





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Avoid large gatherings.

Do not attend large gatherings and keep group sizes small. Reduce exposure to others as much as possible.

Avoid crowded spaces.

Avoid crowded, indoor places. For high risk individuals, outdoor activities are strongly encouraged.



Decrease your trips to get food and limit other errands.

Decrease shopping or errand frequency. Contactless, curbside, delivery, takeout, and virtual services are strongly encouraged.



Limit contact with high risk individuals.

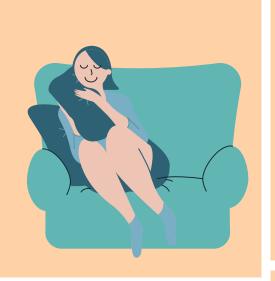
Avoid visits to nursing homes and other residential care facilities.



Everyday preventative measures that can decrease risk, when combined with other recommendations

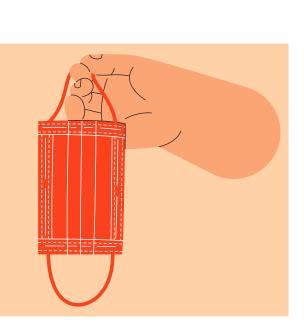
Stay home.

Stay home when sick, even with mild symptoms. Cover coughs or sneezes by using your elbow or sleeve, not your hands.



Wear a mask.

Always wear a dry mask with multiple layers in public.





Keep your distance.

Maintain at least a 6-foot distance from others when in public, even when wearing a mask.

Wash your hands regularly.

Wash your hands with soap and water for at least 20 seconds and use hand sanitizer when soap and water are not available.



